

& BREAST FEEDING

§ FORMULA FEEDING

★ CLOTHES

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© ESSENTIALS		1	© ESSENTIALS			© ESSENTIALS		
8 onesies	3 caps or hats	N	lursing bras	Milk storage bags or containers	(8 bottles at least	Formula	
8 sleep and play suits	5 swaddling blankets	. O	lursing pads	Steam sterilizer bags	! 0	Sterilizer	10 bibs	
4 pairs of leggings or elastic waist pants	8 burping cloths	_ N	lipple cream	4 baby bottles		Bottle brush		
4 tops (t-shirts or long sleeves)	8 bibs		reast pump and	Bottle brush	<u> </u>			
4 sleeper gowns 1 snowsuit or fleece suit with mittens and feet		L	_ accessories			○ NICE TO HAVE		
3 light sweaters or	Laundry detergent for		O NICE TO	HAVE	(Drying rack	Bottle storage	
zip-up hoodies	☐ babies		lursing pillow					
O NICE TO HAVE			A comfortable chair near your baby's crib			a BATI	HIME	
One or two special outfits			ζ=/			W DATI	IIIVG	
E DIADEDING CLOTH DIADEDS								
* DIAPERING-D	TCDOCADLEC	di Di	DIAPERING-CLOTH DIAPERS			C ESSEN	_	
W DIAPERING-L	ISPUSABLES	/ -				1 baby tub	6 baby washcloths	
/ -		1	□ ESSEN1 Inscented baby wipes	TIALS	(Baby shampoo	2 towels Baby hair brush or	
☐ ESSENTI			r 8 washcloths	Waterproof covers	ji	Baby body wash	comb	
3 boxes of newborn diapers	Unscented baby wipes or 8 washcloths		iaper cream	Wet bag	- 1			
3 boxes of size 1 diapers	Diaper cream		iaper pail	Laundry detergent for cloth diapers		O NICE T	O HAVE	
6 boxes of size 2 diapers	!	I 🔲 з	6 cloth diapers		i (Bath toys		
<u> </u>								
NICE TO HAVE			NICE TO HAVE			HEALTH, SAFET	Y, AND WELLNESS	
Diaper bag	Used diaper pails or the Diaper Genie		rying rack	Diaper bag				
Changing pad			Diaper sprayer Changing pad		- (-	O ESSENTIALS		
`		\			, ز	Baby nail trimmer	 Baby toothbrush and 	
PLAYTIME PLAYTIME			→ TRAVEL			Baby thermometer	toothpaste First-aid kit	
⊜ BASICS			© ESSENTIALS			○ NICE TO HAVE		
Cloth books	Bouncer or chair	і 🗌 в	aby stroller with canopy	Rear-facing car seat	! (Nasal aspirator	Humidifier for baby	
Teething toy	One or two small soft toys							
Rattle	Soft ball	1	O NICE TO	HAVE		© SLEE	DING	
	!	В	aby sling	Portable playard		C SLEE	PING	
⊕ EXTRAS		. □ 1	Travel system Extra car seat bases					
Board books Play mat		□ s	troller netting	Travel first-aid kit		ESSEN	NTIALS	
Baby mobile	Baby gym	s	troller haaks	Stroller cover		Crib	4 fitted crib sheets	
Activity center	Nesting cups	_ F	ootmuff for stroller		(1 crib mattress		
Stacking blocks		\		/	- F			
\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\						NICE T		
					(4 waterproof crib pads/sheets	Baby monitor	
					1 (Bassinet	Night light	