

MOM LOVES BEST'S
HOSPITAL BAG
CHECKLIST

MOM'S BAG

- IMPORTANT**
- Insurance information
 - Birth plan
 - Driver's license
 - Phone and charger
 - _____
 - _____

- COMFORT**
- Pillow
 - Music
 - Snacks
 - Books or diary
 - Handheld fan
 - Eye mask
 - Laptop/Tablet
 - _____
 - _____

- NURSING**
- Nursing bra
 - Nursing gown or cover
 - Breast pads
 - Nipple cream
 - _____
 - _____

- CLOTHES**
- Slippers
 - Socks
 - Loose fitting T-shirts or dresses
 - Yoga pants
 - Full coverage underwear
 - Zip-up hoodie
 - Bathrobe
 - Nightgown
 - Going home outfit
 - Hat or cap for messy hair
 - _____
 - _____

- TOILETRIES**
- Lip balm
 - Hair clip or tie
 - Glasses
 - Brush
 - Makeup
 - Lotion
 - Pads
 - Deodorant
 - Conditioner
 - Hairbrush
 - Toothpaste and toothbrush
 - Towel
 - _____
 - _____

FOR PARTNER

- Set of clothes
- Snacks
- Water bottle
- Phone and charger
- Money
- Empty bag
- Pen and paper
- Magazine or book
- Toiletries
- Camera
- Gifts for nurses or siblings
- _____
- _____

FOR BABY

- Car seat
- Going home outfit
- Pajamas or onesies
- Hat, mittens, booties
- Diapers
- Wet wipes
- Swaddle blanket
- Burp Cloths
- Pacifier
- _____
- _____

EXTRAS

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____