



Did You Know?

In the United States

24 min

A falling television or tipping furniture sends a child to the emergency room every 24 minutes

No 1

Accidental suffocation is the number one cause of death for children under 1 years old

9.2M

9.2 million children visit the emergency department for an unintentional injury each year



The Kitchen

- Install door, cabinet & appliance locks
- Consider natural alternatives to chemical cleaning products
- Store plastic bags and foil out of reach
- Lock multivitamins and supplements away
- Keep breakable dishes and cutlery high up
- Watch for any dangling cords
- Cover exposed electrical outlets
- Keep small magnets off your refrigerator
- Get safe plastic items your baby can with



The Living Areas

- Consider carpeting to cushion fall blows
- Safeguard sharp coffee table corners and edges
- Check furniture sturdiness
- Make sure there's nothing dangerous baby can climb
- Check window cords do not dangle too low
- Close off the fireplace
- Remove dangling cords around the tv/stereo
- Install electrical outlet & door knob covers
- Install window locks



The Bathroom

- Keep the toilet lid down or invest in a toilet lid lock
- Remove toilet bowl cleaner
- Keep razors out of reach in the shower
- Lock medicine and supplements away
- Reduce your water heater temperature less than 120 degrees
- Get a non-slip bath mat
- Check the screw covers on the base of the toilet
- Keep soaps and toothpaste out of reach



The Nursery | Bedroom

- Invest in a baby monitor
- Be wary of secondhand cribs
- Put up a window guard
- Look for a crib with fixed sides
- Your baby doesn't need a pillow
- Install electrical outlet & door knob covers
- Toy chests are dangerous for little fingers
- Keep the walls around the crib free of decorations
- Consider a glider over a rocking chair
- Take mobiles down as your baby becomes more mobile



The Stairs

- Get a baby gate
- Teach your child how to safely walk stairs
- Make sure you have a handrail
- Consider some carpeting or non-slip mats
- Keep stairways well-lit



Around The Home

- Remember to keep doors closed
- Anchor wobbly furniture
- Keep your guns safely locked up
- Use a vacuum to help find small dangerous objects
- Keep pools & tubs covered when not in use

Learn More at
MomLovesBest.com/Babyproofing

Sources: cdc.gov/safechild/child_injury_data.html
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